

# Capitol Physical Therapy

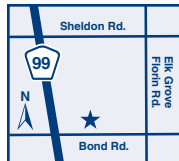
**Midtown Clinic**  
 1308 28th Street  
 Sacramento, CA 95816  
**Phone** 916-446-1497  
**Fax** 916-446-5959



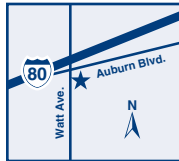
**Downtown Clinic**  
 Inside Capital Athletic Club  
 1515 8th Street  
 Sacramento, CA 95814  
**Phone** 916-442-2993  
**Fax** 916-446-5959



**Elk Grove Clinic**  
 8569 Bond Road, Suite 150  
 Elk Grove, CA 95624  
**Phone** 916-714-1177  
**Fax** 916-714-3577



**Watt Ave Clinic**  
 3530 Auburn Blvd., Ste 6B  
 Sacramento, CA 95821  
**Phone** 916-482-8880  
**Fax** 916-482-8884



**Name:** \_\_\_\_\_

**Diagnosis:** \_\_\_\_\_

## PHYSICAL THERAPY:

- Evaluation & Treatment
- Joint/Soft Tissue Mobilization
- Stretching/Flexibility Program
- Spine Stabilization Program
- Passive/Active ROM
- Therapeutic Exercises
- Modalities
- Iontophoresis
- Aquatic Therapy
- Work Conditioning
- Functional Capacity Evaluation
- Independent Gym

## HAND THERAPY:

- Evaluation & Treatment
- Edema Control
- Desensitization
- Scar Management
- Dressing & Wound Care
- PROM
- AROM
- Modalities
- Iontophoresis
- Strengthening
- Sensibility Testing
- Home Program Only

## SPECIAL INSTRUCTIONS/PRECAUTIONS:

**Splinting:** \_\_\_\_\_

**Home Program/Supplies:** \_\_\_\_\_

**Frequency:** \_\_\_\_\_ x/week **Duration:** \_\_\_\_\_ weeks

**Physician Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_ **Next MD Appt.:** \_\_\_\_\_