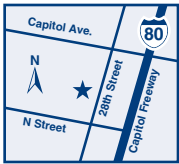


Capitol Physical Therapy

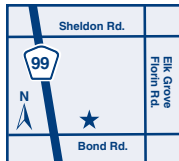
Midtown Clinic
 1308 28th Street
 Sacramento, CA 95816
Phone 916-446-1497
Fax 916-446-5959



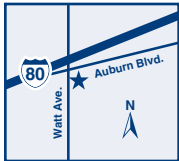
Downtown Clinic
 Inside Capital Athletic Club
 1515 8th Street
 Sacramento, CA 95814
Phone 916-442-2993
Fax 916-446-5959



Elk Grove Clinic
 8569 Bond Road, Suite 150
 Elk Grove, CA 95624
Phone 916-714-1177
Fax 916-714-3577



Watt Ave Clinic
 3530 Auburn Blvd., Ste 6B
 Sacramento, CA 95821
Phone 916-482-8880
Fax 916-482-8884



Name: _____

Diagnosis: _____

PHYSICAL THERAPY:

- Evaluation & Treatment
- Joint/Soft Tissue Mobilization
- Stretching/Flexibility Program
- Spine Stabilization Program
- Passive/Active ROM
- Therapeutic Exercises
- Modalities
- Iontophoresis
- Aquatic Therapy
- Work Conditioning
- Functional Capacity Evaluation
- Independent Gym

HAND THERAPY:

- Evaluation & Treatment
- Edema Control
- Desensitization
- Scar Management
- Dressing & Wound Care
- PROM
- AROM
- Modalities
- Iontophoresis
- Strengthening
- Sensibility Testing
- Home Program Only

SPECIAL INSTRUCTIONS/PRECAUTIONS:

Splinting: _____

Home Program/Supplies: _____

Frequency: _____ x/week **Duration:** _____ weeks

Physician Signature: _____

Date: _____ **Next MD Appt.:** _____